



Employee Assistance Program

Mental Health Support to Kentucky's Lawyers and Judges

The Kentucky Bar Association, through the [Kentucky Lawyer Assistance Program](#), has partnered with an Employee Assistance Program to provide enhanced mental health support to Kentucky's lawyers and judges. All of the assistance remains **COMPLETELY CONFIDENTIAL**, pursuant to S.C.R. 3.990.

Call Anytime

This partnership provides clinical mental health support for Kentucky's lawyers and judges. Simply call the KYLAP office anytime, night or day, on our **DIRECT PHONE NUMBER** – no operators required -- and after hours you will be directly connected to our Employee Assistance Program. The number is 502-226-9373. You may also continue to call through the main switchboard at the Kentucky Bar Association at 502-564-3795, ext. 266. Someone will be available to you 24 hours a day, 7 days a week.

Four (4) Clinical Sessions at no Charge to you

If you need immediate care, the EAP will connect you with one of hundreds of mental health providers all across the state and you will have an appointment in the area you choose in 24-48 hours if needed. The providers you're referred to will be licensed or credentialed professionals. If you have insurance or would like to pay privately, that will be accepted (according to the provider's guidelines). **If you are unable to pay, you will receive up to four (4) clinical sessions at no charge to you. The Kentucky Bar Association and KYLAP are providing this service to its members free of charge, with no income criteria required.** If you need additional services and are unable to pay for those, additional assistance may be available through the KYLAP Foundation's forgivable loan program. www.kylap.org/foundation.

At the Kentucky Bar Association and the Kentucky Lawyer Assistance Program, we recognize that lawyers and judges are suffering from undiagnosed mental health issues, including depression and severe and chronic stress and anxiety, at a much higher rate than the general population. We understand that good mental health and wellness is essential for the sustainability of our profession. We're committed to offering this service to you to help you address mental health issues before you reach a crisis in your life and in your career.